

Leading with purpose: **Liberating Structures** in action!

In this dynamic session facilitated by Carolina Almeida and Fernando Murray, participants experienced a series of Liberating Structures. Liberating Structures are simple, adaptable facilitation techniques designed to promote inclusive participation, creativity, and shared leadership in groups of any size. This session combined peer learning and structured engagement to create a direct bridge between inspiration and practical application.

Attendees engaged with the widely adopted Liberating Structures methods of:

- **Impromptu Networking** - A quick series of one-on-one conversations to build connections and surface ideas around a shared question.
- **UX Fishbowl** - A small group discusses a topic while others observe, then reflect or join in—ideal for exploring diverse perspectives. Three physicians shared how they have successfully integrated these approaches into their clinical and organizational contexts, bringing credibility and relevance.
- **15% Solutions** - Participants identify small, immediate actions they can take using the resources and authority they already have.

By linking lived experience with hands-on practice, the session supported participants in moving from reflection to action — inspiring purposeful leadership and more inclusive engagement within their teams and organizations.